

# RADFORD PARKS AND RECREATION DEPARTMENT 2021-22 ROOKIE GIRLS BASKETBALL SCHEDULE

## TEAMS

1. Unicorns – *Mary Morton* – 239-0274
2. Blaze – *Maureen Spaulding* – 392-4119

3. Lady Cats – *Ash* – 202-459-8025
4. Nets – *Keith Weltens* – 239-6325

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<u>DATE</u>	<u>TIME</u>	<u>TEAMS</u>	<u>COURT</u>	<u>DATE</u>	<u>TIME</u>	<u>TEAMS</u>	<u>COURT</u>
Mon., Nov. 29 <sup>th</sup>	5:30 6:30	1 – 4 2 – 3	1 1	Sat., Dec. 4 <sup>th</sup>	10:00 11:00	1 – 2 3 – 4	BH BH
Mon., Dec. 6 <sup>th</sup>	5:30 6:30	2 – 4 1 – 3	1 1	Sat., Dec. 11 <sup>th</sup>	10:00 11:00	2 – 3 1 – 4	BH BH
Mon., Dec. 13 <sup>th</sup>	5:30 6:30	3 – 4 1 – 2	1 1	Sat., Jan. 8 <sup>th</sup>	10:00 11:00	1 – 3 2 – 4	BH BH
Mon., Jan. 10 <sup>th</sup>	5:30 6:30	SNOW DATE					

**\*\*BH – Belle Heth Gym**

## RADFORD PARKS AND RECREATION DEPARTMENT

### ROOKIE LEAGUE BASKETBALL RULES AND REGULATIONS

1. The league will be for players who have reached their 7<sup>th</sup>, but not 9<sup>th</sup> birthday by January 1, 2022.
2. Coaches may coach their teams by roaming the sidelines, but may not go past the scorer's table.
3. Games will consist of four quarters of six minutes each.
4. Each team will be granted 2 time-outs per half and 1 for overtime. Time-outs may not be carried over.
5. Five personal fouls will disqualify a player from regulation play.
6. OVERTIME: There will be 1, 3-minute overtime with no change of baskets. Two minutes will be regular rookie rules. For the last minute, if the teams are within 4 points, teams may full-court press. If the game is still tied after overtime, a sudden death period will be played and the first team to score by a field goal or on a free throw will be the winner.
7. The alternate jump ball rule will be in effect with a jump ball starting the game, overtime, and sudden death period.
8. After a player has scored their 15<sup>th</sup> point during regulation play, they must be removed from the game and may not re-enter during regulation play. They may re-enter during overtime and score 4 additional points.
9. The 3-second lane violation rule will not be called.
10. The 5-second rule for out-of-bounds plays will be used.
11. The small basketball and 8-foot goals will be used.
12. Teams on defense must stay behind the red line. The offense must continually cross the red line and cannot delay the game by staying behind the red line. During the last minute of the game teams may full-court press, if a team is within 4 points or less.
13. **Players must play at least 2 full minutes in each of the 4 quarters.** Once a player enters the game, he/she must remain in the game until their 2 minutes have expired. Scorekeepers will enforce this rule and keep track with player's time.
14. The one-and-one bonus free throw is on the 7<sup>th</sup> team foul.
15. **SPORTSMANSHIP** in any program must remain a top priority for coaches, players, and spectators. Especially in youth programs, a coach's attitude and conduct will often be passed down to the players. All coaches are expected to maintain a positive approach to officials, opposing coaches, and players. If a coach disagrees with an official's call, they may discuss this with the official during a time-out. Never should any coach harass or argue with the officials. If a coach has a problem with an official, we will be glad to discuss this with the coach. Our officials are not professionals, but are trying to referee to the best of their ability.
16. **NO OTHER BASKETBALLS ARE ALLOWED IN THE GYM DURING ORGANIZED BASKETBALL PRACTICES AND GAMES, EXCEPT THOSE BEING USED FOR GAMES AND/OR PRACTICES.**
17. Neither teams nor spectators are allowed to dribble balls behind the bleachers during practices and/or games.
18. Only WATER will be allowed in the gym during games.
19. Absolutely NO jewelry will be allowed on players during organized league games.
20. **EVERYONE (PLAYERS, SPECTATORS, COACHES, ETC.) MUST CHECK IN AT THE FRONT DESK WHEN COMING TO PRACTICES AND/OR GAMES.** Members of the Radford Recreation Center should use their ID number when checking in.