

Pulaski County Parks & Recreation
Spring Soccer Rules
VHSL rules apply unless otherwise stated in League rules.

League Officer:

John Myers: 674-1513 Ext 3, jmyers@pulaskicounty.org
CJ Burgis: 674-1513 Ext. 4, cjburgis@pulaskicounty.org

Fees:

\$20 First kid, \$15 Second, \$10 Third, \$5 Fourth

Eligibility:

Age Groups Are: 7 & under, 10 & under and 13 & under. Age on: April 1 of current year determines age grouping. Player may play in only one age group. Player may move up one year in a age division, if approval is given by league office.

Coaches should not add players to roster without league office permission.

Coaches are responsible for double checking ages and eligibility of all their players.

Participation Rule:

7 & under and 10 & under leagues: All players available at the start of game must play in each half and must start one of the games 4 quarters. 13 & under league: Player must play half the game. If a player is on the bench but cannot play for whatever reason: This should be reported to officials and opposing coach, before the game begins. If a player shows up late, coaches can play player at their on discretion. Coaches are encouraged to play kids equally. Coaches can discipline players by taking away playing time. Examples: Not showing up for practices, discipline issues etc. Coaches must let officials and opposing coach know.

Coaches not complying with participation rules will be suspended from his/her duties.

Uniforms:

A recreation department issued numbered T-Shirt must be worn for a player to participate. Sponsorship of teams by private or public groups not affiliated with PC Parks & Recreation is allowed, as long as all uniforms are numbered and Rec. Department approved.

Rubber cleats are recommended. Tennis shoes are allowed. Metal cleats or hard plastic bottom cleats are not allowed.

Shin Guards must be worn by all players. Goalie may wear soft bill baseball cap. No plaster casts or metal braces allowed.

Game Rules: Length of game: 7 & under 10 minute quarters
10 & under 10 minute quarters
13 & under 22 minute halves

2 minutes between quarters, 4 minute halves in 7 & under and 10 & under. 11 minute substitutions whistle in each half, 4 minute halves in 13 & under.

Clock continues to run after goal is scored. Clock stops on injuries and penalty kicks. Time may be added for stalling.

In the 7 & under Age Group: One coach is allowed on the field. But stay out of the way! Coaches not allowed in penalty area. One coach can be on the end line close to the goal.

In the 10 & under and 13 & under Age Groups: Coaches cannot go past the coach's line. No coaches or fans are allowed on the end line near the goal.

In the 7 & under and 10 & under Age Groups: A team can play with as few as 7 players. 8 players in 13 & under. Opposing team can play 11. Show good sportsmanship. In the 7 & under, if a team does not have enough to play, teams can still have a scrimmage game and officials will work game. If a scrimmage game is played, teams must stop scrimmage 15 minutes before the next game. In the 10 & under and 13 & under if a team does not have enough to play, game is a forfeit. Officials do not have to work a scrimmage game.

No offside rule in 7 & under. Players will also get extra tries on throw ins in 7 & under only. No won/loss record for 7 & under.

No Throw ins – Player will kick or tap ball with foot back in play. Ball must go sideways or backwards. Opposing team must be 10 yards away from kick in.

Substitutions:

VHSL rules apply: Exception: 7 & under and 10 & under goalie can only be changed at the start of a quarter. 13 & under goalie can only be changed at the 11 minute sub. Whistle. However if goalie must leave game due to injury, he/she can be replaced.

Weather Cancellations:

When games are canceled, coordinators will call coaches or coach can call numbers on the first page to get info. Coaches will contact players. There will be some days when games cannot be called off until near or at game time. It could be a game time decision. Players should show up ready to play if you don't hear from Coach.

If games are started and are canceled due to Rain, lightning, power failure, Darkness etc. Games will be stopped and finished later to conclusion if one quarter is played. In 13 & under if 11 minutes have been played. Games a half will be considered played. No make up will be scheduled.