

Guidelines and Regulations for Youth Basketball (COVID - 19)

General Guidance:

- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose and mouth.
- **Players are encouraged to bring their own hand sanitizer for personal use.**
- **All players, coaches and spectators should enter through the front doors of the Recreation Center after they have received notification from the Front Desk. Each person entering should be prepared to have their temperature screened. If temperature is elevated to 100 and above the person will be asked to wait in a designated area and after a few moments their temperature will be re-taken. If the temperature is still elevated, they will be asked to exit the facility immediately without question. There should always be a parent or guardian present with their youth participant so that this can be done in a discrete, effective, efficient and timely manner to ensure the safety of all participants, coaches, spectators and employees.**
- **The Front Desk will notify the coach. The coach will notify his team when it is time to enter the gym. At the completion of game, the team and individuals must exit through the senior area doors on the Southwest side of the building.**

On - court Guidance:

- **No Handshakes/Personal Contact Celebrations:**
 - Players and coaches should take measures to prevent all but the incidental contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps and group celebrations.
 - Players should vacate the court/facility as soon as reasonably possible after the conclusion.
 - If back to back games, teams cannot enter facility until last game participants and spectators have left the area completely. The Front Desk will contact the coach and the coach will contact the team players.
- **Drinks and Snacks:**
 - Players, coaches and umpires should bring their own personal drinks.
 - Teams will not share any snacks or food. Players should bring individual, pre-packaged food, if needed.
- **Bench:**
 - Coaches and players will be assigned spots on the sidelines or on the bleachers so that they are at least ten feet apart.
 - Players are to stay at their assigned spots when on the bench.
 - Players and coaches must wear facemask when on the bench, except for when actively playing on the court.
 - Hand wipes /sanitizers at entrance/exit of each court.
- **Player Equipment:**
 - Disinfect basketballs during and after all games
 - No personal player's equipment bags will be allowed.
 - Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be disinfected with an EPA-approved disinfectant against COVID-19 before used by a new player.
 - Player's should not share towels, clothing, or other items that they may use to wipe their face and hands.
 - No personal basketball allowed in the gym.
- **Sunflower Seeds, Gum, Tobacco, Peanuts and Spitting:**
 - No sunflower seeds, gum, tobacco, peanuts or spitting allowed in the facilities.

Game Operations and Officials Guidance:

- **Pre-Game captains meeting:**
 - Social distancing of ten feet between individuals must be implemented during all pre-game meetings between referee and team manager or coach.
 - No players should be part of meeting.
- **Games**
 - Only 2 spectators will be allowed per participant and they must sit in the designated seating area with face coverings. Must also practice social distancing while wear face coverings. If a family has a sibling under 16 years of age, they may attend the game with the parents but they must sit in the bleachers with the parents at all times and may not go behind the bleachers or out of the gym.
 - All teams waiting to play next game must enter through the **front doors**. You will need to wait in your car and then you will be notified when to enter the building by the Front Desk. No one is allowed in the gym until this notification occurs.
 - Players/families/spectators should not to show up to parking lot more than 15 minutes before game time.
 - Ensure that games follow all local and state directives regarding the number of people allowed to gather in one place.
 - Wait in cars before game. Players and spectators.
 - Limit the use of carpools. If a player or spectator test positive for the COVID-19, all in the carpool must meet the NRV Health District guidelines and regulations.
 - Allow time between practices and games for cleaning and disinfecting.
 - If player, coach or spectator test positive for COVID – 19 the NRV Health District contact tracers will handle notifying anyone with exposure. This will not be handled through the Parks & Recreation Department.
 - Parents are not allowed in any other part of the building except the gym during or after games unless they have an appointment to use the walking track, racquetball courts or fitness rooms.
 - Parents are not allowed to remain the in the building for practice unless they have an appointment to use other parts of the facility. Parents are allowed to come in the building at the end of the practice to pick up their child. Players are not allowed in any other part of the building except the gym after practices or games.

Public Restrooms:

- Access to public restrooms should be limited if possible
- Prior to and after any league activity restrooms should be thoroughly cleaned and disinfected. Restrooms must be disinfected on a regular basis.
- Public water fountains should not be used and should be turned off.

Stay Home:

- In order for us to play and continue to play the entire season, all players, coaches and parents/spectators should stay at home if they have tested positive or been contacted by NRV Health District contact tracers as possible exposure candidate for a minimum of 14 days. Should stay at home if not feeling well or displaying any of the following symptoms.

Chills

Fever or running a temperature over 100 degrees

Coughing

Runny nose

Shortness of breath

Sore throat

Headaches

Diarrhea

Vomiting

Loss of smell

Players, Coaches, Parents/Spectators must understand that they are at risk of the COVID-19 virus no matter how many pre-cautions that we may take to try to keep everyone safe during this pandemic.

By Signing/Printing Below:

Participants, Coaches, Parents/Spectators acknowledge and agree to this associated risk.

Participants, Coaches, Parents and Spectators that display any symptoms of COVID-19 agrees they will not attend practices or games until being cleared by the NRV Health District.

Participants Signature: _____

Date: _____

*By printing your name on the line, you are consenting to our Youth Basketball Guidelines and Regulations.

Coaches Signature: _____

Date: _____

*By printing your name on the line, you are consenting to our Youth Basketball Guidelines and Regulations.

Parents Signature: _____

Date: _____

*By printing your name on the line, you are consenting to our Youth Basketball Guidelines and Regulations.