

Emergencies
can be
sudden
and
unexpected...

Ready Virginia is a statewide public education effort to prepare Virginians for all hazards through educational materials and an interactive Web site.



...and not every disaster shows up in the weather forecast.

For more information about the Ready Virginia campaign, call (866) 782-3470 or e-mail pio@vdem.virginia.gov.

Get your family ready for any emergency in three easy steps:



Ready
**irginia**

www.ReadyVirginia.gov

- Get a kit
- Make a plan
- Stay informed

Get ready now.

Local contact information:

Ready
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www.ReadyVirginia.gov

Visit www.ReadyVirginia.gov to find your local emergency management office.



Get a kit

Have basic supplies on hand.

It could take days for help to arrive if businesses close, fallen trees block roads and power goes out in your area.

Have supplies on hand to last at least three days for each family member. Put these essentials in your kit:

- Food that won't spoil, such as canned goods and packaged foods
- Water, one gallon per person per day
- A working battery-operated radio and extra batteries
- A written family emergency plan

Once you have the essentials, you should add these items to your kit:

- Flashlights and extra batteries
- First aid kit including a list of allergies and extra contact lenses or glasses
- A written list of your prescriptions and the prescribing doctor(s) and at least a week's supply of medications
- Sanitation supplies: toilet paper, soap, plastic garbage bags and personal hygiene items
- Change of clothing, sturdy shoes and a blanket or sleeping bag
- Food and water for your pets
- Special items for infant, elderly or disabled family members



Make a plan

Know how to contact loved ones.

Discuss with your family the types of hazards and threats in your area and what to do in each case.

Talk to school officials to learn how they will notify you of your child's status in an emergency.

Know where you would go if you had to evacuate your area and where you could take your pets.

- Decide on a meeting place in case you cannot return home.
- Choose an out-of-town friend or relative as a point of contact.
- Keep important phone numbers with you at all times.



Stay informed

Listen to local, up-to-date information.

You should listen for the most local, up-to-date information before, during and after a disaster.

Your local media will provide:

- Any orders to evacuate
- Details about evacuation routes
- Locations of evacuation shelters
- How to safely stay where you are
- Where to find financial or medical help
- Weather watches and warnings

Make sure that your battery-powered radio is working and that you have extra batteries in case the electricity goes out.

Get everyone involved. The Ready Virginia Web site has preparedness information for families, businesses, pets and those with special needs.

A complete list of emergency supplies, planning worksheets and information about hazards that can impact Virginia are available at www.ReadyVirginia.gov.